

Senior Citizens of Reynoldsburg
1520 Davidson Dr. 866-5890 Open 8-5 Weekdays
Staff at SCOR: Jenny Walsh & Judy Doran
scor@sbcglobal.net

MAY, 2012

MAY POTLUCK is at noon on the 21st. If your last name begins with A-G bring a Salad or Dessert; H-P a Main Meat Dish and R-Z a Vegetable. Remember, bring plenty to share. Also bring your own table service.

ENTERTAINMENT: ACCORDIAN MUSIC WITH KEN & MARY


ACTIVITIES —ACTIVITIES

ART **Wednesday's 2-4** (drawing, pastels, oils, acrylics, water) Learn art with Brenda Mason \$8.




ARTHRITIS **Thursdays 11:15 with Judy Doran and Mondays 1:00 with Linda McKinney -- Range of Motion exercises performed in a chair. (Great way to start back into exercising)**



AQUASIZE  Join Wyandotte Athletic Club-- Call them 861-6303 – pick which time you want to exercise in their warm water pool.

BALL EXERCISE **Tuesdays 9-9:30** Come for this core and balance workout. –Bring your own ball and mat.



BALLROOM  **Mondays 6:00 p.m.-** Ballroom Class \$5.00 with Stan Campbell Place teaching most American & Latin Dances.

Tuesdays 6:00 p.m. – Lessons with Stan -- Review, Refresh, Learn \$5.

DANCE MAY 10th 7-9:30 \$5.00 Soft drinks provided

BALANCE **Balance Mobility Class –Fridays 9:30 \$40 for 9 classes**

BANDS/Strength **Tues. & Thurs. 10:00—**Stretch bands to build up strength and bone density with Judy. **Tone & Stretch for Good Health**



BEADS **2nd Thursdays-- 2:00 –** Come learn the basics of beading!



BEAN BAG The bean bag game is such fun – come play anytime!!

BINGO **Friday 4th & 18th \$.50 a card. You must be a paid up member!**

B	I	N	G	O
10	17	24	31	04
12	19	26	03	02
14	25	01	05	10
7	16	32	06	08
9	18	23	04	11

BOWLING **Fridays at 9:00 at Holiday Lanes. Contact Norma Fluhrer at 861-8175**




BRIDGE **Thursdays 12:30 p.m. open to all - Party Bridge**



CANASTA

CARD CRAFT **2nd & 4th Wednesdays 9:00** Make your own greeting cards. \$4.00 for supplies












CHORUS  **Tuesdays 1-3** The Golden Clefs, SCOR's choir, practices August – June. **Director Linda Hallberg** and pianist **Marie Cherok** welcome all to bring music and harmony into the lives of others join this group.

COFFEE SHOP HOP **Third Friday's 9:00 a.m.** Travel by van to different coffee shops around Columbus. All welcome!



COMPUTER **Web Wise Boomers & Seniors** are computer classes designed specifically for Seniors **for only \$39 for 4 hours of class and include a book!** Call 866-



- 5890 to register May 2 & 9 Internet 1 & 2, 9:00-11:00 and May 30th & June 6th Facebook 1 & 2, 9-11am
- CROCHET**  **Mon. 1-3** this group will keep you in stitches.
- CURRENT EVENT** **1st & 3rd & 5th Wednesdays 9-11 am.** Talk about all the current events on TV, magazines, etc. Come share your knowledge 
- DOMINOES** **Thursdays 1:00** come learn and play Train Dominoes (on vacation 
- EUCHRE** **Fridays 11th, & 25th at 6:30 p.m.** \$1.00 Progressive fun.
- Tuesdays 1:30 \$2.00** Progressive Euchre 
- Wednesdays 1:00 BID EUCHRE**
- Thursdays 12:30** Progressive
- EUCHRE TOURNAMENT 19TH 12:30 Potluck, 1:30 Play begins** 
- \$5.00 entry fee-sign up now**
- EXERCISE** **Mon. Wed. & Fri. 10:30am with Jenny** -Full body workout, bring a mat and hand towel. This is for flexibility, strength and a cardiovascular workout. The fun is just an added bonus!
- EXERSTRIDES** **WALKING PROGRAM Fridays 9:00 \$30 for 6 weeks** – walking with walking poles – (look for classes in spring)
- FINANCIAL** **Edward Jones, Making Sense of Investing.** For *answers to your questions on finances call Bill Kay at 856-0856 to set up an appointment.*
- GOLF** **Men's League-2012 Golf League** Call Bob Taylor 864-3679. Starts May 2nd
- Ladies League** – Call Lee Montgomery 759-1445. M,W,F
- HEALTH** **BLOOD PRESSURE CHECK** – 1st Tuesday of Month 9-11 . Check blood pressure and vitals and be able to talk 1 on 1 with a health care facilitator from Arlingworth Health Care.
-  **HEARING** – 10:00 Miracle Ear will be here to clean hearing aids and do a quick hearing test. 
- AND Advance Hearing Specialist** will be here Potluck days (make appointment) to do hearing tests (even clean wax out)
- MASSAGES- Do this, you will love it! Regular Massage \$40 per hour.** Call Karla to make appointments at 577-1159.
-  **PODIATRIST - Dr. Liden** will be here every other month. Make an appt.by calling 866-3182 Insurance will take care of this every other month. Bring Medical cards and lists of medications you take. He can accept Medigold. 
- HOMELESS** **Wed. 9:00** meet to make bedrolls and comforters for the homeless **We need blankets and pads for insides of quilts.**
- JEWELRY** **2nd & 4th Mondays- 10-12—FUSED GLASS** -- \$8.00 + material costs. Make gorgeous glass jewelry with Brenda Mason.
- Wire Wrapping** of Jewelry. 11:30 Fridays **Beginners** on same week as Monday's Fused Glass and **Advanced** on the opposite Fridays. (check calendar)Learn to take your stones or fused glass pieces and wrap them to incorporate into bracelets or necklaces \$8.00 plus cost of supplies (includes wires, charms, etc.) (or use this class time to make more fused glass jewelry)

LEGAL

3rd Fridays 9:00 Legal Seminar with Jim Hardgrove – Probate Process What it is and How to Avoid.

LIBRARY

We have a lending library here at the Center.

LINE DANCING

Mondays at 4:00 & Saturday Beginners at 9:00 & Intermediate at 10:00. \$1.00 donation on Sat. to defer costs for special events.

Barbara Carlson, Instructor

**MAHJONGG**

Mondays & Tuesdays 12:30 come play this tile game

MEN'S CLUB

Thurs. 8-10 All men are invited to enjoy playing pool

MOVIE MANIA

1st Friday at 11:30 do lunch & first run movies

NOTARY PUBLIC

Please call to check when our notary is available.

PHOTOGRAPHY

ANYONE INTERESTED IN LEARNING PHOTOGRAPHY? HOW TO TAKE BETTER PICTURES! Understanding light and composition, film and digital. Let the office know.



Mondays 12:00 Double Deck.

PINOCHLE**POKER**

Mon. at 12:00 and Thursdays at 5:00 (check to see on Thursdays)

POOL

The pool room with 3 tables, is open to all when the Center is open

PUZZLES

We have a jigsaw puzzle library from 300 to 1,500 pieces.

QUILT CLASS

Tuesdays 9:30 \$4 Every other Tuesday May 8th & 22nd.

SERVICES

We have Living Will forms, handicapped parking apps, Golden Buckeye applications. and a **Notary** at the Center.



SHUT INS We need you on our committee, you can do calling from home to help us stay in touch with all our members.

SPANISH

Thursdays 9:00 Conversational Spanish with Barbara Gonzalez

SPEAKERS

Fridays 9 & 10:45 Beginner's Class with Ann Belair

5/4 10:00 Muffins and Medicare – Join Bob Thrash with all your Medicare Options

5/21 11:00 Jerry with Aetna will be here all morning to answer your questions

5/18– 9:00 Jim Hardgrove – Probate

SPECIAL EVENT

May 2 -11:45 Soup and Sandwich Lunch \$3.00 Ham Sandwich and Bean Soup with profits for the Veteran's Clinic (must have reservation by Friday before) we will have this the 1ST Wednesday of each Month. Sign up so they don't run out of food.

MAY 12th –8-11 Pancake Breakfast CHRIS CAKES THROWS THE CAKES FUN FUN FUN.\$5.50 Seniors, \$4.50 Under 10, Under 2 Free, \$7.00 Adults to benefit Kiwanis Club to build new playground at Kennedy Park.

May 17 – 7-9:30 Dance

May 19th – Euchre Tournament 12:30 on

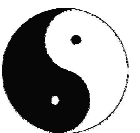
STAINED GLASS

Mondays 1-3 \$8.00 With Brenda Mason teaching.

T'AI CHI

Fridays 9:00— 8 weeks \$30 (learn basic moves)

Wed. nights 5:45 Review Class 6:45-8:15 Beginning class. All 108 moves will be taught over the course of 3.5 months. \$25 for the quarter. + registration fee \$20 for SCOR members.

**TEXAS HOLD'EM**

Wednesdays – 12 noon and at (approx) 2:30 & 4:30 pm

Fridays - 12 noon

**TRIPOLEY
TUTORS
WALKING
WATERCOLOR
Wii*
WIDOWS**

Thursdays – 1:00 Join this group for lots of fun
Call if you would like to work one on one with elem. students.



We have a walking trail – try walking every day

Fridays 9:00 learn with Brenda Mason \$8.00



Mondays 9:30 + other times come and bowl—

WOW (for Widows and Widowers) Club Meeting 2nd Saturday 1:00
with Potluck lunch and meeting. For more information call Kay 614-367-0162



**WOODCARVING
YOGA**



Thurs. 9:00 come and learn to carve

Wednesdays & Fridays at 11:45 with Lynn Spichiger instructor --
exercise program designed for those over 55.

4 sessions \$20.00 (walk-in fee \$7.50) New –standing and chair format

****Thursdays 6:00 class for those who work!! Taught by Francia Wick**
\$5.00 each class



Phineas Phudd, the Phogbound Philosopher says, “A mother is a person who seeing there are only four pieces of pie for five people, promptly announces she never did care for pie.”

ANNOUNCEMENTS—ANNOUNCEMENTS

**ANNIVERSARY
BIRTHDAYS**

Check out the Anniversary Couples in the foyer

Check out the Birthday Board and wish members a Happy Day!

BOARD MEETING 12:00 April 2nd 2:00



**BOOK DISC.
COATS**

Reynoldsburg Library 3rd Tuesday 1:30 pm call 645-2275.

Put an address label in your coat pockets, so if one is left at the Center, we can give you a call.(umbrellas too!)

CRAFT CORNER

We have a corner in the reception area where you can sell your crafts (bring it in labeled with name and price) and stop and buy nice gifts.


E-MAIL

If you e-mail us, scor@sbcglobal.net, put member question in the subject line so we know it's a valid e-mail message.

GET WELL

A hope you feel better to Anne Dudley, Ruth Milligan, Barb Hipes, Barbara Tom, Joy Barcus, Mary Lou Mansfield, Don Schonhardt, Joann Howard Jere Cochrun and all not feeling well.

GLASSES

SCOR collects old eye glasses at the Center. 

LIFE CARE

Meals on Wheels program can help you if you are homebound bound—Call 278-3130 for information and reservations.

ALLIANCE

**MEMBER OF
THE MONTH**

Linda McKinney for teaching our Monday Arthritis Class. You are terrific! Thank you!

MEMBERSHIP*

Dues have been raised for the first time since 2003. They will be \$15.00 for Reynoldsburg Residents and \$20.00 if you live elsewhere. Dues are due by the end of February each year. Thank you

NEWSLETTER

Come help collate the newsletter 3rd Wed. of month 11:30



OFFICERS



**President—Ann Belair, Vice President --Neva Holley,
Secretary—JoAnn Ward, Treasurer –Ed Slattery, Membership
Secretary—Lil Sheppard**

Potluck Market

Sign up to sell your homemade food or crafts from 10-12 on Potluck days—called Potluck Potpourri!

SYMPATHY

SCOR extends our sympathy to the families of Bill McDaniel and Doris Bell, members who have passed away. Our thoughts and prayers are with you.



WORKOUT ROOM

We have a small room with a treadmill and recumbent bike available whenever the Center is open.

ON THE ROAD AGAIN—ON THE ROAD AGAIN

Sign up April 30th (yes Monday)@ 8:00 am by lottery, so bring your membership cards to drop in container. You have to be present. You may sign up for yourself and one other member. After everyone present is drawn, we will take other reservations until the trips are full. We do maintain waiting lists to try and accommodate everyone. Some trips are Already Signed Up For (ASUF). (OYO) stands for On Your Own. (*indicates new trip)



MAY 1-3

MYSTERY 3 day trip. Depart 8:00!

MAY 8*

EASTLAND VOCATIONAL – Depart 10:45 for lunch prepared by the culinary school. \$9.00—Mother’s Day Celebration

MAY 14

SWITZERLAND PRESENTATION 1:00 – Brochures at Center with all the exciting details for May 1-9 Trip One hotel in Lucerne with trips to France, Italy and Germany also.

MAY 17

LA COMEDIA – Depart 8:45 for Great lunch and show HAPPY DAYS. \$40.00 (New Musical) (ASUF Full)



MAY 22*

COLUMBUS CLIPPERS Depart 9:30 for 10:35am game \$8.00 (includes bus) and lunch OYO

MAY 29*

MYSTERY LUNCH- Depart 9:45 for lunch \$14.00 set menu & surprises



JUNE 12*

CLIPPERS – FRANKLIN COUNTY DAY \$6.00 INCLUDES YOUR LUNCH depart 10:45

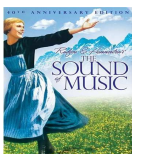
JUNE 20*

AMISH COUNTY – Stops at Bakery, Cheese shop, Winery, Lunch in Amish home and a horse drawn ride through the rolling Ridge Ranch to see all the animals. \$65.00 (departure time in next newsletter)



JULY 26-27

AKRON/CLEVELAND – Tour of the FIRST LADIES LIBRARY in Canton, Ohio (a National archive about the contributions of all of America’s First Ladies), tour of Canton, Dinner, Porthouse Theater “Sound of Music” 1 night at Sheraton Suites in Cuyahoga Falls, breakfast, Luncheon Cruise on Nautica Queen in Cleveland. Cute 2 day trip with lots included \$257 Double, \$242 Triple, \$328 Single. Prices based on 40 people. Sign up quick to make sure this one goes



AUGUST 15

COLUMBUS CREW – Depart 5:30pm for a chance to see our National Champions THE CREW play LA Galaxy (with David Beckham) \$23 includes transportation (ASUF but plenty of room)



SEPTEMBER 2012 HAWAII –LAND AND CRUISE – Brochures at Center. Fly to Oahu for 2 night stay (including trip to Pearl Harbor & the Arizona) and then cruise 11 days to Hawaii, Kauai, Maui -Sept 6-16, 2012. \$3199-\$3699 depending on cabin choice. Through World of Travel. **STILL ROOM HURRY** -- dream trip!



JAN 17- FEB 2*



PANAMA CANAL – Travel to Ft. Lauderdale for one night and then 15 day cruise including Cartagena, Colombia; Colon, Panama; Panama Canal; Puntarenas, Costa Rica; Puerto Quetzal, Guatemala, Puerto Vallarta, Mexico; Cabo San Lucas, Mexico, Disembark in San Diego. Price is \$2995-\$4299 **DEPENDING ON YOUR CABIN SELECTION AND INCLUDES AIR TRAVEL, ONE NIGHT IN Florida, cruise, trip cancellation insurance, all shipboard gratuities, taxes, airfare and transfers.** *You may sign up for this trip anytime as it is a citywide trip sponsored by World of Travel. Brochures are available.*

Coming this summer, Der Dutchman lunch and show, Belterra Casino in Indiana overnight, Hartsville, Ohio (Flea market with 175 indoor shops 80 outdoor vendors & lunch)



Extended trips for 2013 are Switzerland May 1-9 (six countries from one hotel)(presentation on May 14th 1:00) and September 4th Southern Canyons and Parks, with Zion, Bryce, Lake Powell Grand Canyon and Las Vegas. When we get these firmed up and priced we will advertise these.

